

1a. What are the economic considerations that factor into whether or not you spend time and resources on a project?\*

**This field is required**

i.e. having minimal resources to put toward artistic practice because of having multiple jobs; being a caregiver or parent; or having healthcare obligations and living with disability. (max: 150 words)

The economic considerations that factor into whether or not I spend time and resources on a project are:

1. Work schedule/ inconsistency of work schedule. and working multiple jobs.
2. Transportation cost (local)
3. Booking rehearsal/performance spaces
4. Inability to provide compensation for artistic collaborators for their work.
5. Student Loans, credit card debt (accrued by family and myself), taxes.
6. Cost to purchase materials for generating art.
7. Having enough money to cover living needs (healthy food, rent, and utilities)

1b. What are the economic considerations that factor into whether or not you spend time and resources on the care of your own well-being?\*

The economic consideration that factor into whether or not I spend time and resources on the care of my own well being are:

1. Not having health care provided by my employer.
2. Cost of protein and vitamins supplements to continue my life as a vegetarian.
3. I was utilizing Co-counseling as a form of mental-health care, yet find it difficult to make sessions as a result of having to take on multiple jobs for extra money
4. Cost associated with different healing practices, classes that work with my schedule and lifestyle, and seeing mental health professionals.
5. Limited availability to see doctors who accept MassHealth, and working with doctors who are not competent in serving queer people.
6. Having funds to spend on basic living needs (Food/ shelter)

## 2. Are there any social considerations that factor into whether or not you spend time on developing your own artistic practice?\*

**This field is required**

i.e. discouragement from social support system, cultural perceptions devaluing artistic paths? (max: 100 words)

1. Few locations to produce art in predominantly black and brown spaces as an individual.
2. Invitation based grant process that are difficult to access.
3. Feeling an obligation as a late 20 year old to have an established career choice and to settle down.
4. Having limited time to work with collaborators because pursuing art is not viewed as a valid reason to take off time from work (even in art orgs).
5. Mental Health and feeling shame for spending on art practices when I have little to saved in case of an emergency.

## 3. How might the CreateWell Award in particular meet your needs or enable you to reach your goals?\*

This monthly award would go directly to supporting my mental/physical health needs and alleviate some of my insecurity and stress about not having affordable health care. Due to my living expenses, I do not have the privilege at this point to discriminate between opportunities that are beneficial for me and those that work against my mental health. I want to feel confident saying no to work that does not improve the quality of my professional and personal relationships. I don't want to stress about not having healthcare everyday. I want to use this funding to purchase reliable health and dental insurance. I want to eat a healthy diet for me and take dance/movement classes that bring me closer to my wellness goals and have the time and money to afford these classes. I want to also find time to volunteer again. Being able to make time for my community is a form of self-care for me. By reducing the financial stress in my life, I would be able to take on less work, and dedicate time to social justice issues that are important to me.